Facts

**CARDIO MACHINES**
- Rowers: 13
- ARC Trainers: 4
- Steppers: 2
- Fitness Bikes: 22
- Treadmills: 2
- Upper Body Ergometers: 22
- Spinning Bikes: 51
- Step Mills: 10
- Elliptical Cross Trainers: 24
- Versa Climber: 1
- Adaptive Motion Trainers: 8

**WEIGHT EQUIPMENT**
- Adjustable Benches: 40
- Dumbbells (tons): 5
- Squat Racks: 12
- TRX Machines: 9
- Plate Loaded: 8
- Cable Systems: 15
- Olympic Platforms: 8
- Tires: 21
- Selectorized Machines: 770
- Barbells (lbs): 14
- Bench Presses: 296

**BUILDING HOURS**
- Mon–Fri
  - Regular Term: 6am–12am
  - Break Periods: 10am–8pm
  - Summer: 6am–8pm
- Sat–Sun
  - 10am–12am
  - Closed
  - 12pm–8pm

**FACILITY SIZE**
- Indoor SQ Footage: 346,270 sq. ft.
- Field and Track: 9.9 acres
- Fitness Space: 31,928 sq. ft.

**MEMBERSHIP FEES**
- Guest Pass: UO Member/Non-UO: $6 / $10 day
- Student Rec Fee:
  - Faculty/Staff: $97.75 term
  - Retired & Emeritus Faculty/Staff: $100 term / $400 year
  - Student & Faculty/Staff Partners:
    - Alumni: $100 term / $500 year
    - Community: $125 term / $500 year
    - $170 term / $680 year

**INDOOR CLIMBING WALL**
- Rockwall: 30 feet, 80 feet
- Bouldering Wall: 20 feet, 70 feet
- Approximately 3,200 sq. ft. of climbing space

**SWIMMING POOL**
- Lap Pool: 12 lanes • 25 yd x 87 ft
- Rec Pool: 3 lanes • 25 yd x 39 ft
- Hot Tub: 16 persons • 172 square feet
- Wet Room: 730 square feet

**EXPENSES**
- Unclassified Staff: 15%
- Classified Staff: 4%
- Student Staff & GTF: 9%
- OPE: 11%
- Services & Supplies: 8%
- General Administrative Assessment: 2%
- Bond Payments: 39%
- Depreciation Expense: 11%

**RESOURCES**
- 29%: Student Fees
  - Academic Year
- 3%: Student Fees
  - Summer
- 9%: Authorized Course Fee
- 5%: General Fund
- 38%: Student Fees
  - Building - Academic Year
- 4%: Student Fees
  - Building - Summer
- 7%: Investment
- 12%: Sales & Services Revenue

$59,220 SPENT ON STUDENT DEVELOPMENT AND SCHOLARSHIPS

$884,190 TOTAL STUDENT PAYROLL

10% INCREASE IN REVENUE
It is a pleasure to share the 2014-15 PE & Rec Annual Report with you. This report will hopefully provide you with a sense of the excitement and passion that have become endemic to the Student Recreation Center over the past year as we attempted to provide the best in services, programs and facilities to every member of the UO community. We believe that the information contained within this document captures the essence of our efforts and successes and we hope it inspires you to support our goal of increasing opportunities for making healthy lifestyle choices.

The 2014-15 academic year was one of new beginnings, highlighted by the opening of the renovated and expanded Student Recreation Center. This project added 110,000 square feet of activity space, most notably, in the fitness, gymnasium and aquatics areas. This has allowed us to accommodate the increasing demand from our students for additional programs and new activities that space limitations had restricted in the past. At least a dozen new opportunities were presented to the UO community. It also provided us the chance to enhance many of our existing offerings. Our Women's Self Defense class was one of many PE offerings that saw increased interest as a result. An enhanced emphasis on our summer camp and youth and family programs provided a much improved service to the UO community and were extremely popular.

New spaces like the Bouldering Wall and expanded spaces like the Wheelhouse (cycling studio) and Downtown Aquatics recorded huge increases in the number of participants. “If you build it, they will come”, the famous line from the movie “Field of Dreams” proved remarkably accurate in our case!

The annual report also showcases a number of student and career staff, honoring them for their notable achievements and efforts. We are fortunate to have some very talented, energetic and passionate people that make things happen around here each and every day. It is a bright reflection on the Rec Center that our staff approach their responsibilities with such enthusiasm and professionalism.

We are excited to have the opportunity to contribute to the health and wellbeing of the UO community. We look forward to our chance to connect with you!

Sincerely,

R. Kevin Marbury, Ph.D
Director, Physical Education and Recreation
University of Oregon
On January 8, 2013, the Oregon legislature passed the capital construction budget to approve the $50 million Student Recreation Center expansion project. The project was funded using student fees.

**LEED, Leadership in Energy & Environmental Design**, is a green building certification program that recognizes best-in-class building strategies and practices. The Student Recreation Center has applied for LEED Platinum Certification. This is the highest level of certification with only 2 current campus recreation facilities in the country holding this distinction.

**Active Chilled Beams**
The half cylinder devices connected to the ceiling throughout the building are part of the convection HVAC system that is used to cool and heat the building.

**Radiant Heat Floors**
Hydronic or water going through a PEX tubing in the floors provides radiant heat throughout the building.

**Solar PV Panels**
The photovoltaic array located on the rooftop produces electricity to assist and offset some of the use and cost of energy in the building.

**Automatic Lighting**
The electric lighting responds and adjusts automatically based on the amount of daylight coming in from multiple windows and skylights.

**Adjustable Skylights and Shades**
The skylight and shades allow significant daylight into the building and also adjust to reduce glare and heat-gain.

**Zero Waste Stations**
Stations are located throughout the building providing an opportunity for patrons to recycle or compost waste.

*The old lap pool (Leighton Pool) is converted to a cistern that collects rainwater. The water is recycled for greywater for toilets and outdoor irrigation.*
RETURN OF THE REC:
The Grand Opening celebration of the UO SRC Expansion. The event was held on January 5, 2015 and brought more than 7,000 visitors into the facility to see the new space.

New Spaces

<table>
<thead>
<tr>
<th>NEW SPACE (SQ. FEET)</th>
<th>110,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUILDING ENTRY POINTS</td>
<td>3</td>
</tr>
<tr>
<td>DEDICATED FITNESS SPACE</td>
<td>35,000 SQFT.</td>
</tr>
<tr>
<td>ADDITIONAL BASKETBALL COURTS</td>
<td>3</td>
</tr>
<tr>
<td>ADA ACCESSIBLE TURNSTILES</td>
<td>9</td>
</tr>
</tbody>
</table>

MIDTOWN FITNESS
DUCK STORE
FITNESS ALLEY
UPTOWN FITNESS
FITNESS DECK
UPTOWN COURTS
FITNESS YARD
DOWNTOWN AQUATICS
FITNESS FACTORY
ROCK DISTRICT
WHEELHOUSE
LOCKER ROOMS

OTHER NEW SPACES
- WET CLASSROOM
- MIND-BODY STUDIO
- PERSONAL TRAINING STUDIO
- LOUNGE SPACES

Completed

JUNE '14
GRAND OPENING JANUARY 5, 2015
Expansion Gallery

- Uptown Courts
- Downtown Aquatics
- Bouldering Wall
- Midtown Fitness
- Controlled Access
- Lounge Spaces
- Great Hall
- Wet Classroom
- Main Street
PE Classes

PE CLASS highlights

460 courses offered
60 pe class instructors
12,332 total enrollment

OUTDOOR PURSUITS program

58 courses offered
24 nights spent outdoors
1,249 number of credits earned
13 outdoor leadership certificates awarded
PE Class Partnership:  
Sociology • Women’s Self Defense

Ryan Kelly, a veteran Martial Arts instructor, wanted to improve the scope of our physical skill based Women’s Self Defense courses by adding a ‘classroom’ component that focuses on assertiveness and empowerment training.

Ryan contacted Dr. Jocelyn Hollander who is the Department Head of Sociology here at the UO. Dr. Hollander’s area of study is violence against women and she has taught Women’s Self Defense for many years. Ryan and Jocelyn developed a collaboration that has grown from the two of them to a faculty of six who teach eight sections of Women’s Self Defense per year.

This program is supported financially and philosophically by the President of the UO, the Vice President of Student Life, and the Provost’s Office. Our program is often referenced as one of the prevention strategies the UO offers to fight sexual assault on campus.
2,525 students enrolled in mind-body classes

Mind-Body
- Meditation I
- Kundalini Meditation
- Tai Chi I
- Tai Chi II
- Gentle Yoga
- Hatha Yoga I
- Hatha Yoga II
- Hatha Yoga III
- Vinyasa Flow Yoga
- Sports Yoga I
- Kundalini Yoga I
- Kundalini Yoga II
- Ashtanga Yoga

3,662 students enrolled in fitness classes

Fitness
- Stretch & Flex I
- Body Sculpting I & II
- Fitness Yoga
- Pilates Matwork I
- Pilates Yoga Fusion
- Cross Fit I & II
- Group Cycling I
- Fitness Kickboxing
- Cardio Fusion
- Speed and Agility
- Core and Stretch
- Boot Camp
- Latin Fusion
- Fitness Dance
- Personal Trainer
- Nutrition & Performance
- Healthy Weight Loss

833 students enrolled in team sports classes

Team Sports
- Flag Football
- Volleyball II
- Volleyball III
- Basketball II
- Basketball III
- Ultimate Frisbee I
- Ultimate Frisbee II
- Soccer I
- Soccer II
- Soccer III
- Indoor Soccer
PE Class Highlight:  
*Coaching*

Designed to address all aspects of coaching from kindergarten through the college level, this course covers topics that include philosophy, organizational techniques, writing workouts, discipline, team management, and more. There have been over 230 students who have completed this course which started in Fall 2013.

The instructor, Dave Rubino, was a Division III athlete in soccer, basketball, and track and field. He has coached multiple sports at every level from elementary school through Division I (13 years as a college coach).
New Courses, Programs, and Events

**CYCLING STUDIO**  
facilities

**FACULTY/STAFF FITNESS PROGRAM**  
fitness

**HIIT CYCLING**  
groupx

**URBANKICK**  
groupx

**POUND**  
groupx

**YARD CIRCUITs**  
groupx

**KETTLEBELL**  
small group training

**BOXFIT**  
small group training

**TRX**  
small group training

**WOMEN’S ONLY OLYMPIC LIFTING**  
small group training

**BATTLE ROPES**  
small group training

**DUCK TRAILS SUMMER CAMP**  
youth & family
Rec Nights is part of the premiere social activity of IntroDUCKtion; a UO orientation program for all incoming freshman and transfer students. Eight Rec Nights attracted over 3200 students to experience the facilities, PE classes, programs, and services offered by PE & Rec.

The 5th Annual Run with the Duck 5K Race, held Homecoming weekend, was a collaboration between PE & Rec and Healthy Oregon. Over 500 students, faculty, staff, parents, and alumni runners joined in on the fun.
### PERSONAL TRAINING

<table>
<thead>
<tr>
<th>Appointment Facts</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>527</strong> appointments (including packages)</td>
<td><strong>3,604</strong> independent sessions</td>
</tr>
</tbody>
</table>

### FACULTY/STAFF WORKOUTS

<table>
<thead>
<tr>
<th>Participant Facts</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>75</strong> unique faculty/staff participants</td>
<td><strong>225</strong> faculty/staff members with a GroupX punch card</td>
</tr>
<tr>
<td><strong>904</strong> participations total</td>
<td></td>
</tr>
</tbody>
</table>

The Rec Fitness Team partnered with Residence Life to offer a Residence Hall special Top 40 Dance session. This hip-hop style movement dance session was hosted in Global Scholars Hall and has seen **2197** UO Students.
<table>
<thead>
<tr>
<th><strong>INTRAMURAL SPORTS</strong></th>
<th>946 total number of IM teams</th>
<th>40 number of tournaments and events</th>
<th>602 number of tournament and event participants</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>TOTAL NUMBERS intramurals</strong></th>
<th>587 champion shirts awarded</th>
<th>6,356 total number of male participants</th>
<th>2,325 total number of female participants</th>
</tr>
</thead>
</table>
Aquatics

AQUATICS information

12 lanes in the lap pool

16 person hot tub

ADA accessible pool (ramp, stair, and lift)

67,499 total aquatics participants

SWIMMING POOL

<table>
<thead>
<tr>
<th>Pool</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lap Pool</td>
<td>12 lanes • 25 yd x 87 ft</td>
</tr>
<tr>
<td>Rec Pool</td>
<td>3 lanes • 25 yd x 39 ft</td>
</tr>
<tr>
<td>Hot Tub</td>
<td>16 persons • 172 square feet</td>
</tr>
<tr>
<td>Wet Room</td>
<td>730 square feet</td>
</tr>
</tbody>
</table>

DOWNTOWN AQUATICS numbers

48 number of staff

65% increase in pool usage

93% increase in rentals

21,074 hot tub usage (opened Winter 2015)

<table>
<thead>
<tr>
<th>Term</th>
<th>Lap Pool</th>
<th>Rec/Hot Tub</th>
<th>Child</th>
<th>Rentals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter '15</td>
<td>10,084</td>
<td>9,913</td>
<td>331</td>
<td>1,544</td>
</tr>
<tr>
<td>Spring Break</td>
<td>426</td>
<td>386</td>
<td>12</td>
<td>0</td>
</tr>
<tr>
<td>Spring '15</td>
<td>7,803</td>
<td>10,775</td>
<td>180</td>
<td>532</td>
</tr>
<tr>
<td>Totals</td>
<td>18,313</td>
<td>21,074</td>
<td>523</td>
<td>2,076</td>
</tr>
</tbody>
</table>
**Rockwall • Tennis**

We change over 300 routes every month which allows our users to experience a variety of fresh climbing options in a wide range of difficulty.

<table>
<thead>
<tr>
<th>CLIMBING information</th>
<th>BOULDERING WALL</th>
<th>TENNIS information</th>
</tr>
</thead>
<tbody>
<tr>
<td>21</td>
<td>HEIGHT 20 ft.</td>
<td>6967 tennis players</td>
</tr>
<tr>
<td>rock district staff members</td>
<td>LENGTH 70 ft.</td>
<td>525 number of climbing lessons</td>
</tr>
<tr>
<td>34440 climbing skills tests completed</td>
<td></td>
<td>211 ball machine rentals</td>
</tr>
</tbody>
</table>

**TENNIS**

- 6967 tennis players
- 211 ball machine rentals

**CLIMBING**

- 525 number of climbing lessons

**BOULDERING WALL**

- HEIGHT 20 ft.
- LENGTH 70 ft.
Duck Trails Summer Camp

Campers ages 5-11 swam, rock climbed, played sports, participated in special events, and brought an overall frenetic bustle to the Rec throughout all 9 weeks of full-day camp programs! Activities were designed to help campers build friendships, explore their creativity, and participate in positive recreational experiences. Staff wanted campers leaving each day thinking it was the best day ever!


SUMMER CAMP numbers

253 unique individual campers

9 weeks of camp

390 total enrollment in all 9 weeks of camp
Youth Swim Lessons
On Saturday mornings, the Rec transforms into a community hub with a flurry of family activities. Youth swimming lessons run for 4 week sessions twice per quarter.

110
swimmers
(winter & spring)

Child Day Passes
Families are encouraged to come and play together during family recreation hours at the Student Recreation Center.

787
total child day passes sold

Family Rec Day
Families chose their own adventure from a variety of open and facilitated activities inside the Rec, including rock climbing, swimming, dancing, and an obstacle course!

248
total participants

8
undergraduate families

11
graduate families

55
faculty/staff families
Community

2014 SUMMER INTERNS

YEARS OF SERVICE

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Peg Rees</td>
<td>30</td>
</tr>
<tr>
<td>Deanna Bowden</td>
<td>30</td>
</tr>
<tr>
<td>Molly Kennedy</td>
<td>20</td>
</tr>
<tr>
<td>Seth Ford</td>
<td>15</td>
</tr>
<tr>
<td>Joe Henderson</td>
<td>15</td>
</tr>
<tr>
<td>Stephanie Denby</td>
<td>15</td>
</tr>
<tr>
<td>Jackie James</td>
<td>15</td>
</tr>
<tr>
<td>Tiffany Lundy</td>
<td>10</td>
</tr>
<tr>
<td>Chantelle Russell</td>
<td>10</td>
</tr>
<tr>
<td>Bev Smith</td>
<td>5</td>
</tr>
<tr>
<td>Linda Metzger</td>
<td>5</td>
</tr>
</tbody>
</table>

DARLE DRISCOL
Retired in 2015

ALL STAFF RETREAT
June 2015

NIRSA Region VI Basketball Tournament, Eastern Washington University.

NEW STAFF

MARK BRAUN
AMANDA BROWN
AMANDA DEML
TRISH DORMAN
PIPER FAHRNEY
CHASE FARRELL
MICHELLE KOCKS
TERESA PALMER
CRAIG THOMPSON
WENJIE WAN

NIRSA Region VI Basketball Tournament, Eastern Washington University.
CAITLIN NICHOLS, LARRY JANSEN
CHARLIE GLINIKA, AND AMANDA MERRILL
Mel Jackson Award recipients

BRYAN HAUNERT
Outstanding Officer of Administration Award

CHARLIE GLINIKA
Heyer/LaMore Leadership Award