

**University of Oregon
Intramural Sports**

4 x 4 Volleyball Rules

The Game

1. 2 teams of 4 players.
2. Minimum to start is 2 players (COED must maintain a 2:2 ratio at all time).
3. Best 2 out of 3 games or 50 minute time limit.
4. Self-Officiated with supervisor on site.
5. Teams do not have to rotate in 4's games other than keeping correct serving order.
6. Each team will have a 5 minute grace period from game time to get required players there.
7. Rainy day back up is MAC Court/SRC Uptown Courts. If games are moved inside due to weather, there is a "no tipping in front of the 10 foot line" rule for indoor play.

Eligibility

1. Current U of O students, faculty and staff, spouses of students/faculty/staff members.
1. Players must bring a valid UO ID to EVERY game.
2. NO ID = NO PLAY, NO EXCEPTIONS.
3. Every player must be on the roster by 8:00am the day of your game.
4. Players can only play on one coed team.
5. Current UO Varsity volleyball athletes are not eligible.
6. 1 Club Volleyball player is eligible per roster.
7. Varsity volleyball players are not eligible to participate in their respective or alike intramural sport, activity or event until a period of one year has passed following completion of all activities for the Department of Athletics. After the period has passed, former intercollegiate athletes must participate at the highest level of competition offered in their respective sport.
8. Professional athletes, current or former, may not participate in their respective or alike sport, activity or event. A professional athlete is defined as a person who has been paid to participate in a sport, under contract with a professional team, included on a professional team roster, practiced with a professional team and/or compensated for trying out for a team.

Equipment

1. No Jewelry is permitted during play
2. IM Sports will provide game balls
3. Proper attire is mandatory
4. Eye glasses are NOT permitted unless shatterproof; Contact lenses or protective goggles are highly recommended
5. Shoes are mandatory
6. Shirts are required

Scoring

1. Games are played to 21 (rally score). If a third game is necessary it is played to 15.
2. All games are win by two points with no point cap.

Timing

Two time outs are allowed per match (30 seconds).

Substitutions

Unlimited substitutions on a dead ball.

Sports Code

1. All participants and spectators are governed by the SPORTS CODE available in the SRC.
2. Only captains may address supervisor
3. Team captains are responsible for their sidelines and spectators.
2. Negative consequences for the team may result as a direct reaction to spectators' behaviors or actions.

NO alcoholic beverages permitted on University property

ADDITIONAL GROUND RULES

When playing with two courts side by side balls entering adjacent courts will be called dead
If the adjacent court is empty the ball will remain live

PROTESTS

- Protests can only be made based on rule misinterpretation by the opposing team at the time of the incident. (i.e. you cannot protest a rule misinterpretation after the game is over)
- A time-out must be called, and a protest requested to the Supervisor must be made by the captain of the team. If the opposing team was incorrect, you will not lose the time-out.
- Protests based solely on a decision involving the accuracy of judgment will not be considered.
- Protests involving player eligibility will also be considered.

Revised 3/20/2017 AD