4 x 4 Volleyball Rules

The Game
1. 2 teams of 4 players
2. Minimum to start is 2 players (COED must maintain a 2:2 ratio at all time)
3. Best 2 out of 3 games or 50 minute time limit
4. Self-Officiated with supervisor on site
5. Teams do not have to rotate in 4’s games other than keeping correct serving order.
6. Each team will have a 5 minute grace period from game time to get required players there.

Eligibility
1. Current U of O students, faculty and staff
2. Players must bring a valid UO ID to EVERY game
3. NO ID = NO PLAY, NO EXCEPTIONS
4. Every player must be on the roster by 8:00am the day of your game
5. Players can only play on one coed team at the same time
6. Current Varsity volleyball athletes are not eligible
7. Any team may consist of up to one Club Volleyball player
8. Current/former Olympic and professional athletes are not eligible to participate in their related sport. An athlete will be deemed a "professional" if at any point they were given financial compensation for participating on a team in a professional or semi-professional league.

Equipment
1. IM Sports will provide game balls
2. Proper attire is mandatory
3. Eye glasses are NOT permitted unless shatterproof; Contact lenses or protective goggles are highly recommended
4. Shoes are mandatory
5. Shirts are required

Scoring
1. Games are played to 21 (rally score). If a third game is necessary it is played to 15.
2. All games are win by two points with no point cap

Timing
Two time outs are allowed per match (30 seconds)

Substitutions
Unlimited substitutions on a dead ball

Sports Code
1. All participants and spectators are governed by the SPORTS CODE available in the SRC.
2. Only captains may address supervisor
3. Team captains are responsible for their sidelines and spectators.
4. Negative consequences for the team may result as a direct reaction to spectators’ behaviors or actions.

NO alcoholic beverages permitted on University property

ADDITIONAL GROUND RULES
When playing with two courts side by side balls entering adjacent courts will be called dead
If the adjacent court is empty the ball will remain live

PROTESTS
Protests involving player eligibility will be considered

Revised 3/25/2016