

**University of Oregon
Intramural Sports**

Soccer Rules

FIFA rules will govern play except for the following Rec Sports modifications:

The Game

1. 2 teams of 8 players
2. Minimum to start is 6 players (COED 4:4 ratio at all times. Ex: max of 4 per gender at any time)
3. 20 minute halves. The clock does not stop and there are no time outs
4. Sliding is allowed, but slide tackling is not.
5. Games are on rain or shine
6. Teams will have a 5 minute grace period from game time to get required players there.

Eligibility

1. Current U of O students, faculty and staff, spouses of students/faculty/staff members
2. Every player should be on the roster by 8:00am the day of your game, or 8:00am Friday if your team plays on Saturdays and/or Sundays
3. Players must bring a valid UO ID to EVERY game
4. NO ID = NO PLAY, NO EXCEPTIONS!
5. Players can only play on one gender specific and one coed team at the same time
6. Current UO Varsity soccer athletes are not eligible
7. Only ONE club soccer player is eligible per roster
8. Varsity basketball players are not eligible to participate in their respective or alike intramural sport, activity or event until a period of one year has passed following completion of all activities for the Department of Athletics. After the period has passed, former intercollegiate athletes must participate at the highest level of competition offered in their respective sport.
9. Professional athletes, current or former, may not participate in their respective or alike sport, activity or event. A professional athlete is defined as a person who has been paid to participate in a sport, under contract with a professional team, included on a professional team roster, practiced with a professional team and/or compensated for trying out for a team.

Equipment

1. Teams must supply a size 5 game ball
2. Pinnies will be provided by IM Sports. Teams may supply their own matching, numbers jerseys if they choose to. Goalies must wear a different color than both teams.
3. Proper footwear and attire is mandatory.
4. Metal spikes, baseball, softball or football cleats are not permitted
5. Any articles that may endanger other players are not permitted (i.e. jewelry, plaster casts, etc.)
6. Eye glasses are NOT permitted unless shatterproof; Contact lenses or protective goggles are highly recommended
7. Shin guards are not mandatory but highly recommended.

Scoring

1. All ties stand at the end of league games.
2. PLAYOFFS: if tied at the end of regulation there will be a 5 minute overtime (not 'sudden death')
3. If still tied the game will be decided by 5 penalty kicks per team.
4. Penalty kicks will be played out ONLY by the players on the field at the end of the game.
COED: kicker ratio must be 3:2 in favor of either gender.
5. If after 5 PK's teams remain tied, it will go to sudden death 1:1 kicks, no gender requirements.

Substitutions

1. Unlimited substitutions on a dead ball (must be called onto the field by an official)
2. Both teams may sub on a dead ball
3. The official must be given notice when any substitution for the goalkeeper is made

Fouls and Misconduct

FIFA rules regarding fouls and misconduct will be followed except for the following modifications:
Playing the ball while on the ground is not permitted (Stay on your feet)
Slide tackling is not permitted

Indirect Free Kick Fouls

- Dangerous play
 - High kick near opponents face, playing on the ground, attempting to slide tackle
- Pass back to own goal keeper and ball is picked up
- Obstruction/impeding an opponent's progress
- Preventing goalkeeper from releasing ball

Direct Free Kick Fouls

- Hand ball, kicking, tripping, pushing, holding, striking, charging, checking, jumping at
 - *includes an attempt to commit said foul
- A penalty Kick is awarded if any of the above infraction occur inside a team's own 18 yard box

Penalty Kicks

1. Penalty kicks are taken from the designated PK mark on the field
2. The goalie must remain on the line until the ball is contacted
3. The shooter must move in one fluid motion, no hesitations and the ball must move forward
4. Any rebound is a live ball
5. All players besides the keeper and the kicker must be outside the 18 yard box and beyond the arc

Caution (Yellow) Cards

1. Unsporting behavior
2. Dissent by word or action
3. Persistent infringement of the Laws of the Game
4. Delaying the restart of play
5. Failure to respect the required distance when play is restarted with a corner kick, free kick or throw in
6. Entering or re-entering the field of play without the referee's permission
7. Deliberately leaving the field of play without the referee's permission

Send Off (Red) Cards

1. Serious foul play
2. Violent conduct
3. Spitting at an opponent or any other person
4. Denying the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball
5. Denies an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or penalty kick
6. Using offensive, insulting or abusive language and/or gestures
7. Receiving a second caution in the same match

Sports Code

1. All participants and spectators are governed by the SPORTS CODE available in the SRC.
2. Only captains may address officials
3. Team captains are responsible for their sidelines and spectators.
4. Negative consequences for the team may result as a direct reaction to spectators' behaviors or actions.

NO alcoholic beverages permitted on University property

PROTESTS

- Protests based solely on a decision involving the accuracy of judgement on the part of an official will not be considered.
- Protests can only be made based on rule misinterpretation by the Intramural Sports Staff at the time of the incident. (i.e. you cannot protest a rule misinterpretation after the game is over)
- A protest time-out must be called, and a protest requested to the officials must be made by the captain of the team.
- Protests involving player eligibility will be considered.

