University of Oregon
Intramural Sports

Soccer Rules

FIFA rules will govern play except for the following Rec Sports modifications:

The Game
1. 2 teams of 8 players
2. Minimum to start is 6 players (COED 4:4 ratio at all times. Ex: max of 4 per gender at any time)
3. 20 minute halves. The clock does not stop and there are no time outs
4. Teams will have a 5 minute grace period from game time to get required players there.
5. Games are on rain or shine
6. Sliding is allowed, but slide tackling is not.

Eligibility
1. Current U of O students, faculty and staff
2. EVERY PLAYER MUST BE ON THE ROSTER PRIOR TO 8:00AM THE DAY OF THEIR GAME (or 8:00am FRIDAY IF THEY PLAY ON SUNDAY).
3. Players must bring a valid UO ID to EVERY game
4. NO ID = NO PLAY
5. Players can only play on one gender specific and one coed team at the same time
6. Varsity soccer athletes are not eligible
7. Only ONE club soccer player is eligible per roster
8. Current/former Olympic and professional athletes are not eligible to participate in their related sport. An athlete will be deemed a "professional" if at any point they were given financial compensation for participating on a team in a professional or semi-professional league.

Equipment
1. Teams must supply a game ball
2. Pinnies will be provided
3. Proper footwear and attire is mandatory
4. Metal spikes, baseball, softball or football cleats are not permitted
5. Any articles that may endanger other players are not permitted (i.e. jewelry, plaster casts, etc.)
6. Eye glasses are NOT permitted; Contact lenses or protective goggles are highly recommended
7. Shin guards are not mandatory but highly recommended
8. No pockets allowed

Scoring
1. All ties stand at the end of league games.
2. PLAYOFFS: if tied at the end of regulation there will be a 5 minute overtime (not ‘sudden death’)
3. If still tied the game will be decided by penalty kicks
4. Penalty kicks will be played out ONLY by the players on the field at the end of the game.
   COED: kicker ratio must be 3:2 in favor of either gender.
5. If after 5 PK’s team remain tied, it will go to sudden death 1:1 kicks, no gender requirements.

Substitutions
1. Unlimited substitutions on a dead ball (must be called onto the field by an official)
2. The official must be given notice when any substitution for the goalkeeper is made

Sports Code
1. All participants and spectators are governed by the SPORTS CODE available in the SRC.
2. Only captains may address officials
3. Team captains are responsible for their sidelines and spectators.
4. Negative consequences for the team may result as a direct reaction to spectators’ behaviors or actions.

**NO alcoholic beverages permitted on University property**

**PROTESTS**
Protests based solely on a decision involving the accuracy of judgement on the part of an official will not be considered. Protests can only be made based on rule misinterpretation by the Intramural Sports Staff at the time of the incident. (i.e. you cannot protest a rule misinterpretation after the game is over) Protests involving player eligibility will be considered.

Revised 5/26/2015