**Tumbling Tots**
*Session 1: Sundays, April 3–24 • Session 2: Sundays, May 1–22*

- Gymnastics, climbing, rolling, jumping, and balancing make up this fun movement program

**Wiggle Ducks:** Ages 3–5 • Sundays, 2:30–3:20 p.m.
The Wiggle Ducks class is designed for children with little to no previous gymnastics experience.

**Sparklers:** Ages 5–7 • Sundays, 3:30–4:20 p.m.
The Sparklers class is designed for children with some gymnastics, dance, and/or physical fitness background. Children should be able to perform a forward roll into a standing position as a benchmark.

**Ninja Warrior Training**
*Session 1: Saturdays, April 2–23 • Session 2: Saturdays, April 30–May 21*
*Ages 8+ • 10:10–11 a.m.*

- Give your child the chance to train like the ninja warriors do in this strength and cardio class
- Children will feel stronger, faster, and more coordinated

**Family Rock Climbing Lessons**
*Session 1: Saturdays, April 2–23 • Session 2: Saturdays, April 30–May 21*
*Ages 5+ • 10:15–11 a.m.*

- Focus will be on fitting harnesses, tying knots, belaying, and climbing commands
- Curriculum taught will give parents the skills necessary to pass the belay test at any indoor climbing facility

**Youth Swim Lessons**
*Session 1: Saturdays, April 2–23 • Session 2: Saturdays, April 30–May 21*

*see uorec.uoregon.edu/youth-family for a detailed list on age groups, skill levels, and start times*

- Starfish Swim School® for Tots (18 months–3 years), preschoolers (age 3–5), and Youth (age 6–12)
- A variety of skills are taught that combine swimming techniques and safety

**Creative Dance**
*Session 1: Saturdays, April 2–23 • Session 2: Saturdays, April 30–May 21*
*Ages 3–5 • 11:00–11:45am*

- Learn the basics of rhythmic movement through dance games, stories, and songs
- Work on coordination, following directions, socialization, and dance techniques

**Private Lessons**
*Tennis: Ages 5+ • Saturdays for 1 hour*

- Learn techniques, practice drills and game strategies from resident certified USPTA instructor Greg Smith

*Youth Rock Climbing: Ages 5+ • Saturdays for 45min*

- Learn basic knots, spotting techniques for bouldering, belaying skills, and movement principles

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Visit the SRC Service Center to learn more and sign up today!